

USAT Recommendations for Multisport Age-Group Swim Segments

c. All Other Races and Waves*

Swim Length	Mandatory	Permitted	Allowed	Forbidden
All distances	60.6°F and below	Up to 78°F	78.1°F to 83.9°F**	84°F and above

Table 3. Other Race Swimming Temperatures.

*Participants in a non-competitive race or wave are not eligible to have their results submitted for rankings.

**Participants who choose to wear a wetsuit in a competitive non-National Event Age Group race when the water temperature exceeds 78°F are not eligible to have their results submitted for rankings or Age Group Awards.